

# Colleen Kiselyk

## Outdoor Education

### Elective



Colleen was raised in the city of Edmonton and found every excuse to be outside; whether it was climbing trees, splashing in puddles or exploring the river valley on foot or by bicycle. She completed her Bachelor of Education degree and promptly exchanged the confines of the city for small town life. Colleen is still in the process of raising five girls and keeps busy running, swimming, cycling, paddling, camping, hiking, coaching, teaching and creating healthy, wholesome food for her family. She is an accomplished marathoner and triathlete and she is known locally as the 'crazy running lady' who braves -30 degree weather, wind, and rain at all costs to satisfy her passion for running and cycling.

Colleen is a certified Waterfront Canoe Instructor and has spent countless hours every summer in the bow of a canoe, challenging and developing her skills on the many rivers that she has been able to explore with her husband, Dale. And together, they spend countless hours every winter wishing that they were back in a canoe on a river!

Colleen excels at creating an inviting and open atmosphere on all our canoe programs, drum circles, and bushcraft courses and trips. Colleen's enthusiasm and excitement for anything outdoors is contagious and she is always ready to dig in and work hard behind the scenes to ensure the success of all our adventures.